



2023 Fall Schedules
 Pool - Competition @ YMCA of the Blue Water
 Area
 September 4th - October 29th

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
6am	2 Member Lap Lanes 6am - 9am	2 Member Lap Lanes 6am - 9am	2 Member Lap Lanes 6am - 9am	2 Member Lap Lanes 6am - 9am	2 Member Lap Lanes 6am - 9am		
8am						Swim Lessons \$ 8am - 12pm	
						2 Member Lap Lanes 8am - 4:30pm	
9am	2 Member Lap Lanes 9am - 12pm	Water Aerobics 9am - 9:45am	2 Member Lap Lanes 9am - 12pm	Water Aerobics 9am - 9:45am	2 Member Lap Lanes 9am - 12pm		
		2 Member Lap Lanes 9am - 12pm		2 Member Lap Lanes 9am - 12pm			
10am	Water Aerobics 10:15am - 11am		Water Aerobics 10:15am - 11am		Water Aerobics 10:15am - 11am	Water Aerobics 10:15am - 11am	
11am	Water Aerobics 11am - 11:45am		Water Aerobics 11am - 11:45am		Water Aerobics 11am - 11:45am		
12pm	2 Member Lap Lanes 12pm - 3pm	2 Member Lap Lanes 12pm - 3pm	2 Member Lap Lanes 12pm - 3pm	2 Member Lap Lanes 12pm - 3pm	2 Member Lap Lanes 12pm - 3pm	3 Lane - Member Lap Swim/ Drop Slide Opened 12pm - 4:30pm	
1pm				Home School Gym & Swim \$ 1:15pm - 2:15pm			
3pm	PHASD Swim Team 3pm - 5pm	2 Member Lap Lanes 3pm - 6pm	PHASD Swim Team 3pm - 5pm	PHASD Swim Team 3pm - 4:30pm	PHASD Swim Team 3pm - 5pm		
	2 Member Lap Lanes 3pm - 6pm		2 Member Lap Lanes 3pm - 6pm	2 Member Lap Lanes 3pm - 6pm			
5pm					3 Lane - Member Lap Swim/ Drop Slide Opened 5pm - 8pm		
6pm	2 Member Lap Lanes 6pm - 8:30pm	Water Aerobics 6pm - 6:45pm	2 Member Lap Lanes 6pm - 8:30pm	Water Aerobics 6pm - 6:45pm			
		2 Member Lap Lanes 6pm - 8:30pm		2 Member Lap Lanes 6pm - 8:30pm			
		Porpoise Club \$ 6:45pm - 7:45pm					

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



2023 Fall Schedules
 Pool - Recreation @ YMCA of the Blue Water Area
 September 4th - October 29th

1525 Third Street
 Port Huron, MI 48060
 (810) 987-6400

	MON	TUE	WED	THU	FRI	SAT	SUN
8am	Current Walk 8am - 10am	Current Walk 8am - 10am	Current Walk 8am - 10am	Current Walk 8am - 10am	Current Walk 8am - 10am	Swim Lessons \$ 8am - 12pm	
9am	Warm World 9am - 10am	Warm World 9am - 10am	Warm World 9am - 10am	Warm World 9am - 10am			
10am		Water Aerobics 10am - 10:45am		Water Aerobics 10am - 10:45am			
11am	Arthritis Aquatics 11:15am - 12pm	Water Aerobics 11am - 11:45am	Arthritis Aquatics 11:15am - 12pm	Water Aerobics 11am - 11:45am	Arthritis Aquatics 11:15am - 12pm		
12pm						Splash Down - River, Toys, Slide 12pm - 4:30pm	
						Open Swim 12pm - 4:30pm	
1pm				Home School Gym & Swim \$ 1:15pm - 2:15pm			
4pm	Open Swim w/Rec Slide 4pm - 8pm	Open Swim w/Rec Slide 4pm - 8pm	Open Swim w/Rec Slide 4pm - 8pm	Open Swim w/Rec Slide 4pm - 8pm	Splash Down - River, Toys, Slide 4pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.